

MENU OF CHOICES FOR A DELECTABLE AND YUMMY YOU

MAIN COURSE: BLISSED OUT ON RAW CHOCOLATE - \$129 or \$99 if paid before August 30

- *Featured Book
- *10 Weeks of Weekly Seminars
- *Before and After Photo Submission
- *Before and After Weigh in and Measurements
- *Submission of before and after Essay
- *Group Cleanse
- *Chocolate

10 WEEK CHOCOLATE JOURNEY ACCOMPANIMENTS TO CHOOSE FROM:

(Choose minimum one option from RAW and DARK choices)

RAW CHOCOLATE:

- 20 - Group Fitness Sessions (Yoga, Core Fusion, Dance, Outdoors) - \$399
- 20 - One on One Private Personal Fitness Training – 30 Minutes (Indoors, Outdoors) - \$799
- 20 – One on One Private Personal Fitness Training – 60 Minutes (Indoor, Outdoors, Mobile) - \$1299

DARK CHOCOLATE:

- 10 – Weekly One on One (Acupuncture and Consultation) - 45 Minute Sessions on Body-Mind Nutrition - \$699
- 1 – FULL Private One on One Session on Body-Mind Nutrition (One Hour) - \$75
- 5 – 30 Minute Nutrition Coaching on Body-Mind – (Consultation Only) - \$299
- 10 – Weekly Teleconference sessions for 30 minutes - \$99
- 5 – 30 Minute Sessions of Acupuncture and 5 Consultation Sessions - \$599

*Health Plans of Acupuncture

*Payment Plans are available

PURE Potential Personal Fitness Training Inc.

Hours at PURE are by appointment only : Monday - Friday

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